CAPE LEGION'S VOICE

THE AMERICAN LEGION

Cape Coral, Florida - Post #90



SEPT. - OCT. 2023



Greetings to the Post 90 Family,

I write this greeting from Charlotte, NC while I am attending the American Legion 104th National Convention. As this is the first time that I am attending, I am in awe of the number of Legionnaires, Auxiliary (both men and women), SAL, and Riders are attending. The wealth of knowledge that is available in the way of Subject Matter Training, Officer Training, and symposiums is overwhelming. I am looking forward to being back at our Post to continue to serve the Legionnaires of Post 90. I am continuously reminded that we should volunteer not for the recognition or position but because we want to serve those that need our help after serving this great nation.

Over the next few months, we should start seeing many changes in the Post. One big change that has already happened is that we have gotten rid of the old, torn, and ragged bar stools and replaced them with new bar stools. I want to thank Rick Simmons, Jack Fitzgerald, and John Baker for helping to unload the truck and Jay Bissell, John Berres, and Pam Zilian, who helped assemble them. We also will be inviting back those that head north for the summer months. This is the time of year when we start seeing more activity at the Post.

On the outside of the building, our awnings for the side doors should be arriving soon. The patio awning should also be finished or at least construction started. In preparation for this addition, we have removed the three trees in the front of the building and trimmed back the neighbor's tree to prevent damage to the awning in case of another big storm. Once the front construction is completed, we plan on moving the entry key to the side gate and unlocking the front door out to that area so it is more inviting to enjoy sitting outside. The front gate will be an exit only and guests without entry keys will be required to use the side door to ring in.

Lastly, I want to remind everyone to "Be the One". Be the One to go out of your way to help someone or reach out to someone that is in need. When visitors come into the Post, greet them with a smile and hello and do not be afraid to ask them how they are doing. Do buddy checks on those people that you have not seen in awhile and make sure they are doing ok. Be the One that might just change someone's life because they see that you care.

For God and Country,

American Legion Post 90 Commander,

Keith Berres

1401 SE 47th St., Cape Coral, FL 33904 // Phone: (239) 540-8128 Email: alpost90cape@Yahoo.com

Hello Everyone,

I hope everyone is safe & well. If you know of anyone else who is sick or passed away recently in our American Legion Post 90 membership, please let me know. You can reach me at: (239)313-8630.

Sincerely,

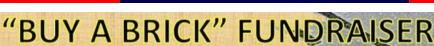
American Legion Post 90 Chaplain,

Jerry Gray









- \$75 4" x 8" Brick
 - 3 Lines of Text
- \$125 8" x 8" Brick
 - · 6 Lines of Text w/o Logo
 - · 4 or 5 Lines of Text w/Logo
- \$250 12" x 12" Brick
 - 8 Lines of Text w/o Logo
 - · 6 or 7 Lines of Text w/ Logo
- · \$10 for Insignias and Clip Art
- \$20 4" x 4" Replica Tile
- Ask Bartender for a Form
- · Proceeds go to Florida Dept Emergency Fund



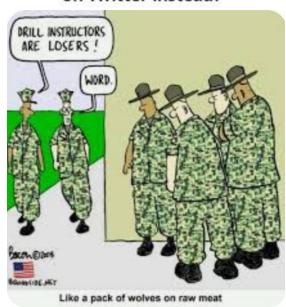
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"How about if I just follow you on Twitter instead?"



The jokes above were submitted by Amy Oneill. Thank you! I am looking for some clean and funny Military Jokes for the American Legion Post 90 Newsletter. If you have any, please email, text, or call me. Please include your full name for recognition. strawjazz1978@gmail.com

(239)322-6945

Sincerely,

Chairman & Editor of American Legion Post 90 Newsletter,



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JOHN'S CORNER



Hello everyone,

Soon, the members of Post 90 who live up North for half of the year will be returning.

We are closing on completing the repairs caused by Hurricane Ian. We will be replacing the old front canopy with a roof over the entire patio. The contract has been let and the contractor is working with Jay Bissel in coordinating the work and permitting. Hopefully, the patio roof will be installed before the end of the year. We are still waiting on having the two canopies on the west side of the building installed, and they are projected to be installed in October. Bar stools have been purchased; I hope you enjoy them. The three of the trees on the 47th Street frontage have been removed. The trees that are being removed were compromised by Hurricane Ian, and the next hurricane may cause them to fall on the new patio roof. We will also gain some great visibility from the street.

We are planning on having special dinners at least once a month through the off season (April to October). There will be an Octoberfest on October 14th; please keep a watch out for the sign-up sheet. So, keep your calendars open as events could happen in a moment's notice. It is hard to believe that the NFL pre-season has begun and the regular season starts in September. When the regular NFL season begins, the Post kitchen will be open.

I will be running a 50/50 raffle during the football games to raise money for the Honor Flight, as many of our members are starting to participate.

Post 90's Service Officer is Lakeshia "Kesha" Penn. If you are in need of assistance, please do not hesitate to call her.

Sincerely,

American Legion Post 90 Second Vice Commander,

John Baker



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ADJUTANT'S CORNER



Hello everyone,

We have several new officers and executive committeemen for the 2023-2024 year. Since Wayne Cave retired and I was elected as the Post Adjutant, I will be managing all membership renewals, transfers, and new member applications. If you have any questions regarding your membership, please contact me by phone, text, or email. We ended the fiscal year at 102.49%, and by the end of August we should be over 50% for the 2024 membership year. Last year (July 2022-July 2023), Post 90 gained 85 new members and had an additional 22 new members through transfer from the Headquarters Post (0400).

This year we will have an Early Bird Dinner on September 30, 2023 for those members who renewed their 2024 membership by September 7, 2023.

If you need to obtain your DD-214, here is a link to get it:

https://www.archives.gov/veterans/military-service-records.

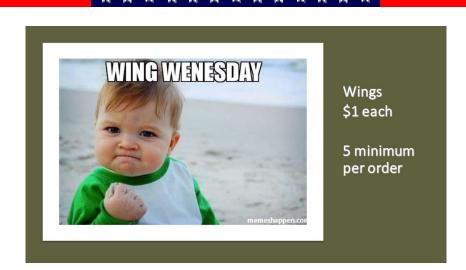
Remember, the Post holds its Membership Meetings every fourth Monday of the month beginning at 7:00 PM. Typically, they last 55 minutes to an hour, and much information is processed, gained, and approved during the meetings. Post 90 belongs to you, the Members, so, please come to the meetings and express your rights.

Sincerely,

American Legion Post 90 Adjutant,

John Baker





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POST 90 MARKETING CORNER



Hello everyone,

This article appeared in the Cape Coral Breeze Newspaper on August 11th, 2023.

American Legion Post 90 in Cape elects officers

The American Legion, Post 90 in Cape Coral has elected its new board of officers for the 2023-2024 year. Keith Berres, Commander; Ted Clark, First Vice Commander; John Baker, Second Vice Commander, and Adjutant; Bill Kearns, Finance Officer; Jerry Gray, Chaplain; Robert Noble, Judge Advocate; Lakeshia Penn, Service Officer; Armand LaFleur, Sergeant @ Arms. The seven Executive Board members are Lisa Arnold, Harry Finke Jr, Jack Fitzgerald, Joe Lindhorst, Bill McKernan, Rebecca Sewell and Dennis Stebbins.

Located at 1401 S.E. 47th St., in Cape Coral, the post is growing rapidly along with the city of Cape Coral. All the new officers pledged to continue and increase our programs of community, youth and of

The American Legion, Post 90 in Cape course, veteran support. Berres, who was ral has elected its new board of officers the 2023-2024 year. Keith Berres, become members of Post 90.

Berres said, "We will continue to offer programs such as student scholarships, shooting sports sponsorship and student citizenship to Cape Coral's high schools. We also have a new service officer for supporting veteran needs. This year we will also start a Women's Veteran Program."

The Post 90 family will continue fund raising efforts for many veterans and local community needs.

For further information or to become a member of the post, contact Clark at 845-527-7948, or visit the post website, www.post90swf.org.

Post 90 is open every day from 11 a.m. You can also visit us on Facebook.



Sincerely,

American Legion Post 90 PR Officer, Marketing Committee Chairman, and 1st Vice Commander,

Ted Clark



1401 SE 47th St., Cape Coral, FL 33904 // Phone: (239) 540-8128



POST 90 MARKETING CORNER



Hello everyone,

American Legion Post 90 was recently recognized by the Cape Coral Mayor and City Council and received the city's "Community Recognition Award" for their contributions to the City of Cape Coral in this case for receiving the American Legion Best Public Relations Award.



Sincerely,

American Legion Post 90 PR Officer, Marketing Committee Chairman, and 1st Vice Commander,





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American Legion Auxiliary Donates to the Children's Advocacy Center of SW Florida

For the second year in a row American Legion Post 90 Auxiliary Unit collected over \$700 in school supplies consisting of notebooks, composition books, pencils, pens, and crayons for donation to the children's Advocacy Center (CAC) of Ft. Myers.

Hosted by the Post 90 Auxiliary Unit, the event provided over thirty boxes of school supplies intended for distribution to children ages 5 to 12 by the CAC. With a core belief of "Be Kind," this is one of a variety of donations to local charities that the Auxiliary provides, primarily in the Cape Coral area, to meet its commitment to the community.

In addition to the Auxiliary, the Cape Coral Police Department was instrumental in assisting in collecting school supplies through its Community Policing Unit. Sargeant P. Lamana stated, "We often receive donations at the police station and offer programs such as Shop the Cop and holiday turkey drives." Officer J. Kuhn said, "The partnership with the Auxiliary and the Advocacy Center creates a great partnership and an opportunity to give back to the community for their support."

The President of the Auxiliary, Nita Keeling, stated "It was a wonderful drive and twice the volume than last year. Several Dollar Tree stores functioned as initial collection points and helped reach our goal."

Rachel Peacock, the Director of Development and community Relations of the Children's Advocacy Center, said, "the generosity of the Auxiliary is much appreciated." The mission of the Children's Advocacy Center of Southwest Florida is to provide for child victims of abuse and neglect and improve the lives of at-risk children & their families through prevention services. The American Legion Auxiliary comprises male and female spouses, grandmothers, mothers, sisters, and direct and adopted female descendants of members of the American Legion. SThe Auxiliary administers dozens of volunteer programs, gives hundreds of hours to its communities and veterans, and raises thousands of dollars to support its programs and other worthwhile charities in Cape Coral and Ft. Myers. It is all accomplished with volunteers. For additional information about the Auxiliary, contact President Nita Keeling at keeling.nita@aol.com or Membership Chair Sherry Baker at keeling.nita@aol.com or

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Top row: Pam Clark, Judy Lindquist, Sherry Baker, Officer Kuhn and Sargeant Lamana CCPD, Sharon Fisher, Jan Nordquist, and Karen Homer.

Bottom row: Pat Pytlik, Carol Berres, Rachel Peacock, Director CAC, AND Nita Keeling, Post 90 Auxiliary President

Sincerely,

American Legion Post 90 Assistant Adjutant,

Bill McKernan









AMERICAN LEGION POST 90 HONOR GUARD CORNER







Hello Everyone,

Since July 1st, the color/honor guard has completed a shooting practice, two drill practices, rifle cleaning, and a 4th of July/Flag Retirement Ceremony. The Flag Retirement was extremely well attended, and there was a reporter/ camera man from a local TV station. Parts of the ceremony was aired during the news. We also completed a memorial on the 20th of August for a 101-year-old member of our post who recently passed. We will continue to have practice on every 2nd Saturday of the month starting at 9am at the Post. The following are dates and times of the next 2 Honor/Color Guard practices.

<u>There will be Honor Guard/Color Guard Practice at 9am at American Legion Post 90 on Saturday, September 9th, 2023, in civilian clothes.</u>

There will be Honor Guard/Color Guard Practice at 9am at American Legion Post 90 on Saturday, October 14th, 2023, in civilian clothes.

Please help honor our veterans by volunteering for our Legion's Color and Honor guards. We do a lot in the community to honor our fellow departed & living veterans. You must be a current member of American Legion Post 90's membership, Riders, Auxiliary, and/or SAL to join. No experience is necessary. Your uniform will be supplied & we will train you. If you are interested in joining any of American Legion Post 90 Honor/Color Guards, please call me at: (860) 336 – 1198. Thank you!

Sincerely,

Captain of American Legion Post 90 Color/ Honor Guards & Sergeant of Arms,

Arman LaFleur



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Hello everyone,

The American Legion Riders have been busy this Summer. We have been assisting in the reopening of some of the local posts that were devastated by hurricane Ian and starting a fundraising event that will benefit the four Posts in our District that were hit the hardest, Posts 123,274,110, and 303.

Chapter 90 American Legion Riders has been running fund raising events this Summer as we have raffled off a gift basket and have had 2 Italian Dinner nights at the Post. We also continue to run the 50/50 drawings on Friday nights at the Post which 25% is donated to Post 90 and a donation is made to the Barber school tuition assistance program. So, stop in for a free haircut at the Post on the 3rd Wednesday of the month. Our next event we are preparing for is the Halfway to St. Patrick's Day dinner on September 16th. We will be serving corned beef and cabbage dinners with potatoes and carrots. We will also be serving corned beef sandwiches and have drink specials available at the bar.

Please support our fundraising events that support our Veterans.

Sincerely,

Director of American Legion Post 90 Riders,

Jack Fitzgerald









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You don't have to have a motorcycle to participate. It's like a 4 month tour of SWFL!



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SAL RAFFLE BASKET

- · Wine and Beer
- Tools
- \$90 in Gift Certificates
- \$150 in Scratch Offs

\$5 per ticket
Buy 4 get 1 free
Drawing at 7 pm, September 4th
Need not be present to win
Proceeds for SAL projects





EARLY BIRD RENEWAL SPECIAL!

EARLY BIRD BUFFET
September 30th at 5:30 pm

To be eligible for the Early Bird Buffet

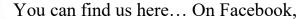
- Paid Up For Life Legionnaires and Auxiliary Members
- Legion, Sons and Auxiliary Renewals received prior to September 7th
- Paid transfers prior to September 7th

American Legion Post 90 Newsletter Chairman & Editor: Amy O'Neill Associate Editor: Ted Clark











American Legion Post 90

If you have not visited our website lately, you really should go check it out! We have an all-new look, and more to come!!

See what is new and what we have already been doing!

**See the website for additional information! **



www.post90swf.org









*Are you a Member of the American Legion, but not our Post? We would be honored to have you as our guest!

(Please bring your current membership card)

Phone: (239) 540-8128

Our Post is non-smoking inside the building, however we have designated covered areas for our smoking members & guests

Post Hours:

Bar is open from 11 am to 10 pm Kitchen is open from noon to 7:30 pm (Tuesday through Saturday)

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