

# POST NEWSLETTER

THE AMERICAN LEGION

Cape Coral, Florida - Post #90



MAY - JUN 2019



**COMMANDER'S CORNER**  
*with John Baker*

*Hello everyone,*

Although I am not running for the Commander position this year after a three-year stint at the helm, I will continue to support Post 90 activities and committees. I am looking forward to working with the new elected officers in the 2019-2020 year, and in my opinion, Post 90 will have a great team that will serve you well. I want to thank all of the members of Post 90 for their support of me and the faith they had in me over the last three years. Thank you from the bottom of my heart. The season is over and Post 90's patronage is slowing down. Our kitchen will be open on Saturdays throughout the summer.

We will be celebrating a number of National and military holidays this summer including Memorial Day, D-Day June 6, Flag Day June 14, Independence Day, Officer Installation, and others.

Also, the Legion Auxiliary hosts Monday Night Dinner on the first Monday of each month, and serves spaghetti and Lasagna. Still being worked out with the kitchen staff is to have a special Saturday dinner with music. We recognize it is important to provide activities for our members who reside locally, and will try to make it interesting for everyone.

It is election time for Post 90's Legion Officers and the Executive Committee members and the Officers of the Sons of the American Legion, Legion Auxiliary and Legion Riders. There is a great ballot of excellent Legion, SAL, Auxiliary and Rider candidates awaiting your vote. The Legion election is on May 8, 2019 with the SAL, Auxiliary and Rider elections held on other dates. Please take some time to come into the Post and cast your ballot. The installation of all Officers (Legion, SAL, Auxiliary and Riders) will be at a date in July that is still to be determined.

Memorial Day is celebrated on May 27 this year. The Post Officers and honor Guard will participate in the ceremonies at Coral Ridge Cemetery in the morning, and after the Coral Ridge Ceremony there will be an Everlasting Ceremony held at the Post for the Post 90 members who passed away in the last twelve months. As of this writing, 19 Post 90 members have gone to a higher calling. After the Everlasting Ceremony free lunch will be served.

Our participation in manning the First Base Grill at Jet Blue Park for the Boston Red Sox training camp was a success. We raised over \$20,000 this year to donate to five needy charities that aid veterans and the local community. This year 75% of the net proceeds from your hard work will be donated to: Fisher House, Doug Jacobson VA Facility, Vets Helping Vets, Cape Coral Caring Center and Cape Coral for the Children. The remaining 25% will be used to help the Post operate at a high level for your benefit. Please give a hand to the volunteers who made This a great success. We will, again, be running the First Base Grill at next year's training camp and look forward to seeing old and new volunteers then. Notices will be forthcoming in January 2020.

Post 90's Honor Guard still needs volunteers. Mostly, the Honor Guard participates in Everlasting Ceremonies for our Post 90 comrades who have passed, but it does participate in private and community events honoring veterans. This year Post 90's Honor Guard will perform at the opening and closing ceremonies for the Florida State Legion Convention in Orlando. If you want to participate, Post 90 will purchase your uniform, except for shoes and pants. There is some training involved to get the Honor Guard members familiarized again with the M-1 Garand, Manual of Arms and some marching maneuvers. I, personally, would like to see the Post 90 Honor Guard be one of the best in Florida. Please join and give me a call.

If as an American Legion Member, you might qualify to also be a member of the Sons of the American Legion or the Legion Auxiliary, please give some thought to joining the SAL and Auxiliary. There is a substantial discount on the annual dues for being a Dual Member. And if you are a motorcycle enthusiast, don't forget to join the Post 90 Riders organization. We here at Post 90 have two excellent Veteran's Service Officers (VSO's): Nick Napolitano and Brian "Taz" Gehling. These men are trained and certified to assist Veteran's with their walk through the VA maize. Both of our VSO's are stationed at the Cape Coral Florida SW Military Museum & Library, but Brian holds office at Post 90 on Monday and Tuesday from 1:00 to 5:00 PM. They can be contacted by phone or email. If you need help, PLEASE contact them and make an appointment.

Remember the soldiers, sailors, marines, airmen and coast guardsmen who sacrificed so much for our freedom, liberty and our way of life.

*For God and Country,*

*John Baker*





*Hello everyone,*

Our ship is now in full sail and has been for a few hours after the crew and I enjoyed the spirits and entertainment that the saloons offered at our last port of entry. We will now concentrate on maintenance of the many things that have been neglected. The old wooden ship over the years has had many small leaks and they will have top priority on my list of things to do. As I am looking over my list I also have noted my ship's log which has a few entries that I will now share with you.

Post 90 is very proud of the excellent volunteer effort by the many volunteers that worked at the Red Sox vendor booth at Jet Blue Park. The Post raised over \$20,000 and a good percentage of this will benefit several charities. There have been several other post 90 events that have been well attended and I can't say enough about the food that we all enjoyed.

Soon, the warmer weather will be upon us and our snowbirds will be leaving us as they journey back northward. We will be welcoming your return next season.

There are many events on the calendar taking place at our post. So, those of you that are here year round, come on down and enjoy the fine food provided by our kitchen staff. Our bartenders will satisfy your desire of a beverage to wash it down with. So long for now and may God bless those members that have recently passed on. May God bless you all and stay healthy.

Respectfully Submitted,

*Donald Gurney*





*Hello everyone,*

We've had some pretty awesome weather for riding.....or as my Grandfather would say with tongue in cheek, every time he stepped out of his house, "this darn ole Florida weather!" I don't know of any rides, this year so far, that we've had to cancel due to rain.

In March we rode out to Post 136 for their annual steak dinner. It was its usual good time, plus we had the added adventure of starting a dead motorcycle. These new-fangled cycles can't be push started....news to me....something about fuel injector dinghy's-something or other.....guy stuff. A couple of plans later we were successful, only to have another bike over heat during the process. Easy fix. One more soda (really, a Sprite) at the bar to let the bike cool down.

Other runs included one for a fellow rider with major health bills, and a trip to Myakka City to watch the Lippizon Stallions train.

We had a good showing for our ride out to Lehigh Post 323 for the District Picnic. Thanks to all that came along.

**DON'T FORGET!!!** The Applebee's Breakfast is **MAY 5TH!** 8am to 10am. The Applebee's at the foot of the Veteran's Mem Bridge on Del Prodo, Cape Coral. Bring your friends and neighbors. Tickets sold at the door. This is our (Riders) annual fund-raiser we use to support the many services we provide for our veterans. Come watch the big bad bikers be your wait staff. Don't worry, we aren't cooking!! Any questions can be directed to me.

Respectfully,

ALR Assistant Director  
Post 90, Cape Coral, FL,  
*Rebecca Sewell*  
**239-246-2838**





**January 2019 Blood Drive!!**



*Hello everyone,*

Here is a letter that I want you all to see.

*Dear American Legion Post 90,*

*I would like to express our gratitude to the donors that were able to give blood on Saturday, April 6<sup>th</sup>, 2019. This truly is a lifesaving mission and it is so important to our hospitals and the community to remember to donate blood. Lee Health needs over 800 units of blood each week to treat our patients*

*At Lee Health, donated blood goes to help save the lives of patients at your community-owned hospitals: Lee Memorial Hospital, Health Park Medical Center, Golisano Children’s Hospital of SW Florida, Gulf Coast Medical Center, AND Cape Coral Hospital. In addition to the five hospitals, our blood center also services the level 2 Trauma Center at Lee Memorial Hospital and the Regional Cancer Center at the Sanctuary.*

*Thank you for your donations:*

- |                        |                         |                           |                         |
|------------------------|-------------------------|---------------------------|-------------------------|
| <i>Steven Baker</i>    | <i>Cheryl Blackwood</i> | <i>Shirley Brightbill</i> | <i>Sallie Conditto</i>  |
| <i>Linda Gebo</i>      | <i>Gerald Gray</i>      | <i>Morgan Harper</i>      | <i>Thomas Heins</i>     |
| <i>Harry Hennessey</i> | <i>Linda Hennessey</i>  | <i>Frederick Kampf</i>    | <i>Judith Kampf</i>     |
| <i>John Leuthard</i>   | <i>Carolyn Nance</i>    | <i>Paul Nolan</i>         | <i>Amy Oneill</i>       |
| <i>Connie Posl</i>     | <i>Dale Posl</i>        | <i>Lois Prosen</i>        | <i>Salvatore Romano</i> |
| <i>Rebecca Sewell</i>  | <i>Eileen Tucci</i>     |                           |                         |

*We appreciate everyone that was able to make it out and give “the gift of life.*

*Sincerely,*

*Shannon Flory*

*Lead Doner Recruiter*

I wanted to let you all know that the next blood drive is October 19, 2019 from 1pm-5pm at American Legion Post 90. Please drink plenty of water and eat before you try to donate blood. Thanks to everyone who helped with our last blood drive!!

Sincerely,

Blood Drive Chairman,

*Richard Osman*



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Memorial Day Ceremony

at Coral Ridge Cemetery (Cape Coral),

5-27-19 @ 10am;

All officers in full uniform to arrive at 9am and no later than 9:30am.



*-Don Feaseley-*



*Hello everyone,*

I have great news!!!! We have successfully passed our membership goal from National Headquarters by currently having 877 paid members!!!! That means we currently are at 100% on American Legion Post 90 membership requirements!!!! Thanks to everyone who helped with that!!!! New Year starts in June!!!!

Sincerely,  
American Legion Post 90 Membership,  
*Wayne Cave*



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***Hello my fellow Legionnaires and family,***

In a recent Military.com article entitled “VA Looks to Create Artificial Organs, Even Bones, with 3D Printing” dated 17April, 2019 by Patricia Kime it talks about a 3D printer being used to help in the medical field. By using the model, a doctor could walk the veteran through the surgery, step-by-step. Then, once the veteran agreed to the surgery, the doctor would follow the exact plan in the operating room.

“[3D printing] is a total game-changer.” says Dr. Beth Ripley, a radiologist at VA Medical Center Puget Sound and chair of the Veterans Health Administration’s 3D Printing Advisory Committee. “Often [technology] pushes us further away from our patients....this technology is allowing our VA staff to really come close to the patient.”

VA has launched an aggressive campaign to put 3D printers in many of its medical centers. The initiative aims to improve patient care by aiding surgical planning, crafting assistive medical devices and prosthetic limbs and eventually, creating bones and organs for transplant.

The department has more than 100 printers at 23 medical centers, up from just three in 2017. And it has plans to expand even more, making it a leader in the effort to adapt 3D printing for medical use nationwide, where fewer than 100 academic and private health facilities – mainly at research universities – use 3D printing, according to Ripley.

“VA remains at the forefront of innovative work in 3d printing by expanding our expertise across VA.” said Robert Wilke in a release. “Through this growing virtual network, VA continues to help define how 3D printing technology will be used broadly in medicine for the benefit of patients.”

If you want to know more please go to:

<https://www.military.com/daily-news/2019/04/17/va-looks-create-artificial-organs-even-bones-3d-printing.html>.

If you have any more questions, please see Taz or myself.

Sincerely,

Service Officer,

*Nick Napolitano*





*Hello everyone,*

First, I would like to thank Commander Baker for allowing me to serve this year as the adjutant. It has been a long year, but it is almost done. We have gone through some trials and tribulations but, we are still family. I have enjoyed working with all the officers and chairmen/chairwomen this year.

Secondly, I would like to let people know that there are some key events coming up.

May 8<sup>th</sup> – Post 90 Legion Elections from 3pm to 7pm. Thankyou in advance to Bobby Scruggs, Don Gurney, and Amy Oneill for agreeing to assist in this process.

May 9<sup>th</sup> – Executive Board Meeting with all the old and new officers.

May 13<sup>th</sup> – S.A.L. Elections.

May 19<sup>th</sup> – District Constitutional Conference at American Legion Post 103 (Punta Gorda). S.A.L. registration is at 10am with an 11am meeting. Legion registration/lunch is at noon with a meeting at 1pm.

June 27<sup>th</sup> to June 30<sup>th</sup> – American Legion Department Convention in Orlando, Florida.

July 14<sup>th</sup> – (tentative): Installation of new officers (entire family) at 1pm.

The End of Year reports are due by May 15<sup>th</sup>. I want to inform the membership of some of the things we have done this year. We have completed a lot of home improvement projects including a new roof, parking lot upgrades, and bathroom upgrades.

The charities that we have contributed to this year include Fisher House, Southwest Military Museum and Library, Douglas House VA Nursing Home, The American Legion Child Welfare Foundation, and The Special Olympics to name a few.

Everything that Post 90 has accomplished has been through the great leadership of Commander John Baker and his lovely wife Sherri for supporting him as commander.

I also can't forget to thank each member for all their hard work in supporting our home and programs. Nothing that we have accomplished would have been possible without you. As you can see, your membership means so much to so many people.

This is my last article for the 2018-2019 as YOUR adjutant. I hope to continue to serve this wonderful family again in the upcoming years.

For God and Country,

Post 90 Adjutant,

*Brian "Jaz" Gehling*







## EAGLE SCOUT COURT OF HONOR JUNE 1<sup>ST</sup>, 2019

*Hello everyone,*

I have the honor of announcing the 2<sup>nd</sup> Eagle Court of Honor from Troop 777 on the 1<sup>st</sup> of June 2019, Time (TBA), Tyler Koenigs will be receiving his Eagle Scout Rank at the Kiwanis Hall on Santa Barbara Blvd. Legion Post 90 is the chartered organization for Troop & Pack 777. The Legion Post 90 and Troop 777 invite all Legion members to attend this celebration of this great achievement in this young man's life. Please wear a Legion Polo shirt and hat if you have one. Officers please wear white class A uniform. During the ceremony awards will be presented to Tyler Koenigs from the American Legion Post 90.

For further info please contact,

JUDGE ADVOCATE  
COR FOR TROOP & PACK 777,

*Dennis Stebbins* 239-940-1401

## FLAG RETIREMENT CEREMONY 14 JUNE 2019 (FLAG DAY)



There will be an official flag retirement ceremony on 6-14-19 at the SW Military Museum at 9 am in the parking lot. This event is sponsored by the American Legion Post 90. It is open to the general public and there will also be displays setup by the Cape Coral Police department and the Fire Department, Also the scouts from Troop 777 will be there selling bottle water and assisting as needed. The Legion Officers, Color & Honor Guard will be participating in the ceremony, we will also collect unserviceable flags. The SW Florida Military Museum & Library will be open for tours and viewing throughout the day.



ANY QUESTIONS CONTACT *Dennis Stebbins* 239-940-1401



*Hello all,*

I wanted to let everyone know one last time what the schedule for the Award Ceremonies are at each school. If you can make one or any of these, please do so. Please wear Legion polo and cap if you have both. If you have any questions please call or email me.

### **AWARD CEREMONY: MARINER HS**

> **5/07/19 @ 5:45pm**-starts @ 6pm

### **AWARD CEREMONY: CAPE CORAL HS, OASIS HS, ISLAND COAST HS**

> **5/08/19 (All 3 schools times listed below)**

- **Oasis HS @ 5:45pm-starts at 6pm**

- Don Teasley handling

>5/08/19

- **Cape Coral HS @ 5:45pm-starts at 6pm**

- Carl Saitta will be handling this one for me

>5/15/19

- **Island Coast HS @ 6:45pm-starts at 7pm**

- Don Teasley handling

**\*\*I will be doing awards early at Oasis than leaving to head over to Island Coast so I can make both events on the same night. If you are planning to come to the Island Coast Ceremony, I may not be there until after it begins, but will be there for our awards. They are putting our part in the back of their ceremony to give me time to get there.**

If you can attend any of these events please let me know. It would be great if Carl could get some additional members to assist with the Award Ceremony on 5-08-19 @ 6pm at Cape Coral HS to pass out awards and certificates. Please let Carl & I know if you can help out. Thank you all for your continued support!

Post JROTC/Junior Shooting Sports Chairman,

*Don Teasley* 252-762-7470



“Uncle” Carl is looking for a few good men or women to join an exciting group of Legionaires on a true adventure!! Be all you can be!! Join Post 90 Color/Honor Guard!! Your Legion is calling you!! If you are interested, please call me, Carl Saitta, at : (239)458-1008. Thankyou!!

Sincerely,

Captain of American Legion Post 90 Color/Honor Guard

& Sergeant of Arms,

*Carl Saitta*





## 2019 POST 90 OFFICER

**NOMINATIONS HAVE BEGUN!**



If you are interested in running for an office, please see the nomination sheet located near the west door (near the kitchen). You MUST sign your own name on the sheet, or you may not be nominated from the floor at a general membership meeting.

Elections will be conducted on May 8<sup>th</sup> 2016, from 3-7pm followed by an Executive Board meeting on May 9<sup>th</sup> at 7pm for Officer Appointments.



You can find us here... On Facebook,



**Cape Coral American Legion of Southwest Florida Post 90**

Or on the Web [www.Post90swf.org](http://www.Post90swf.org)

If you haven't visited our website lately you really should go check it out!  
We have so many updates and all new look, and more to come!!



*Come see what's new and what we've already been doing!  
\*\*See the website for additional information! \*\**



*Quick Coming Event Summary*

**(SEE THE CALENDAR AT THE POST FOR DETAILS)**

**May 2019(Music & Events)**

Friday the 3<sup>rd</sup> - music by **SET IN STONE**

Monday the 6<sup>th</sup> – 7pm **AMERICAN LEGION RIDERS MEETING**

Thursday the 9<sup>th</sup> – meeting at 7pm for **AMERICAN LEGION EXECUTIVE BOARD**

Friday the 10<sup>th</sup> - music by **BUCKIN' WILD**

Monday the 13<sup>th</sup> – meeting at 7pm for **SONS OF THE AMERICAN LEGION**

Friday the 17<sup>th</sup> - music by **TAKE TWO**

Monday the 20<sup>th</sup> – meeting at 7pm for **AMERICAN LEGION AUXILIARY**

Friday the 24<sup>th</sup> - music **JOE JOHNSON**

Monday the 27<sup>th</sup> – **MEMORIAL DAY - NO AMERICAN LEGION MEMBERSHIP**

Friday the 31<sup>st</sup> - music **TAKE TWO**

**Jun 2019(Music & Events)**

Monday the 3<sup>rd</sup> – meeting at 7pm for **AMERICAN LEGION RIDERS**

Friday the 7<sup>th</sup> - music by TBD

Friday the 10<sup>th</sup> – meeting at 7pm for **SONS OF THE AMERICAN LEGION**

Thursday the 13<sup>th</sup> – meeting at 7pm for **AMERICAN LEGION EXECUTIVE BOARD**

Friday the 14<sup>th</sup> – music by **RETRO ROAD**

Monday the 17<sup>th</sup> – meeting at 7pm for **AMERICAN LEGION AUXILIARY**

Friday the 21<sup>st</sup> – music by TBD

Monday the 24<sup>th</sup> – meeting at 7pm for **AMERICAN LEGION MEMBERSHIP**

Friday the 28<sup>th</sup> – music by **TAKE TWO**

**Every First Monday – 5pm to 7:30pm – ITALIAN DINNER = \$8.50 - \$10.00  
SPONSERED BY POST 90 AUXILIARY**

**ALL DINNERS SERVED WITH HOUSE SALAD & GARLIC BREAD (MENUS VARY).  
SIGN-UP SHEETS AVAILABLE AT POST 90.**

Every Sunday & Monday – noon – BAR FOOD = \$3.00 (MENUS VARY)

Every Tuesday - 6pm to 8pm - SHOW ME THE MONEY CARD GAME

Every Wednesday – 6pm to 8pm – WEEKLY POOL TOURNAMENT = \$5  
(OPEN TO THE PUBLIC)  
(SIGN-UP TO PLAY)

Every Thursday – 5pm – SPECIAL MENU  
1. LIVER & ONIONS  
2. MEATLOAF WITH BAKED POTATO  
3. PORK CHOPS

NAME DRAWING – 7PM

Every Friday – 11:30 to 4pm – REGULAR MENU

Every Friday – 5pm to 7:30pm – STEAK & FISH

Every Friday – 6pm to 9pm – LIVE ENTERTAINMENT

Every Saturday – 11:30 to 8pm – REGULAR MENU & SPECIALS

Every Saturday – 7:30pm – ACE OF HEARTS GAME (MEMBERS ONLY)



Come and enjoy any or all of these events and entertainment. We appreciate your support of Post 90.